

GOLYTELY PREP INSTRUCTIONS

You will need to drink the Golytely prep to clean your colon. You must complete the entire prep to ensure the most effective cleansing.

YOU MUST NOTIFY OUR OFFICE WITHIN 48 HOURS IF YOU NEED TO CANCEL YOUR PROCEDURE TO AVOID BEING CHARGED A POSSIBLE \$100 NO SHOW FEE.

YOU MUST NOTIFY OUR OFFICE WITHIN 72 HOURS OF APPOINTMENT IF A PRE-AUTHORIZATION OR NOTIFICATION IS REQUIRED.

THE DAY BEFORE YOUR PROCEDURE APPOINTMENT

- Stop eating-do not eat anything.
- Drink 6-8 glasses of water or clear liquids (liquids you can see through, and they MUST NOT contain red or purple dye).
- Clear Liquids – sprite, 7up, ginger ale, apple juice, white cranberry juice, beef & chicken broth, coffee, tea, or coke.
- Mix the Golytely in the large bottle, stir/shake well.
- Begin drinking Golytely between 5 p.m. and 6 p.m.
- Drink a full glass every 20 minutes.
- The Golytely will cause diarrhea, you will go the bathroom many times.
- If you get sick to your stomach drink sips of Coca-Cola between glasses of Golytely.
- DO NOT DRINK anything after midnight.

SPLIT PREP RULE: If your appointment time is 12 p.m. or earlier DRINK ALL OF THE MIXED GOLYTELY liquid the night before your appointment. If your appointment is at 12:30 p.m. or later, drink ½ of the gallon the night before and then ½ the following morning at 5:00 a.m. before you come in (must be at least 6 hours prior to procedure).

AFTER COMPLETING THE PREP, DO NOT EAT OR DRINK ANYTHING UNTIL AFTER YOUR PROCEDURE!