

CLENPIQ PATIENT INSTRUCTIONS

You will need to drink the Clenpiq laxative solution to clean your colon. You must complete the entire prep to ensure the most effective cleansing. Purchase one Clenpiq kit from your pharmacist using the enclosed prescription. **Please pick up your Clenpiq prescription one week prior to your procedure!** Less expensive alternatives are available with a prescription but require drinking more volume and are to be asked for before or at the time of picking up prescription.

**YOU MUST NOTIFY OUR OFFICE WITHIN 72 HOURS OF APPOINTMENT IF A PRE-AUTHORIZATION OR NOTIFICATION IS REQUIRED.
YOU MUST NOTIFY OUR OFFICE WITHIN 72 HOURS IF YOU NEED TO CANCEL YOUR PROCEDURE TO AVOID BEING CHARGED A POSSIBLE \$100.00 CANCELLATION FEE.**

One Day Before Your Colonoscopy: No solid foods – **Clear liquids ONLY** throughout the day. **NOTHING RED OR PURPLE!** NO fruits, vegetables, cookies, crackers, dairy or frozen concentrated liquids.

Clear Liquid Diet List:

Soft Drinks, Strained fruit juices (Apple Juice, White Cranberry, White Grape Juice), Kool-Aid, Gatorade, Ginger Ale, Coffee, Tea, Water, Chicken or Beef broth/bouillon, Gelatin without added fruit or topping, Hard Candies (example: Jolly Ranchers), Popsicles (No sherbet or fruit bars). **NO MILK CREAMERS, NO DAIRY, NO ALCOHOLIC BEVERAGES! NOTHING RED OR PURPLE!**

Evening before your Colonoscopy – at 5:00 pm (1st Dose):

Step 1: Take the first dose (1 bottle) of CLENPIQ (**DO NOT REFRIGERATE OR ADD ICE**) in the afternoon or early evening before the colonoscopy (e.g., 4:00 to 6:00 PM).

Step 2: Following the CLENPIQ dose, drink five 8-ounce cups (cup provided) of clear liquids (40 ounces total) within 5 hours and before the next dose.

2nd Dose – Approximately 6 hours later in the evening the night before the colonoscopy (e.g., 10:00 PM to 12:00 AM)

Step 3: Take the second dose (the second bottle) of CLENPIQ. (**DO NOT REFRIGERATE OR ADD ICE**).

Step 4: Following the CLENPIQ dose, drink AT LEAST three 8-ounce cups (cup provided) (24 ounces) of clear liquids within 5 hours and before bed.

AFTER COMPLETING THE PREP DO NOT EAT OR DRINK ANYTHING UNTIL AFTER YOUR PROCEDURE!!!!